



**SOFT UK** provides support for families affected by Trisomy 13 (Patau's Syndrome) and Trisomy 18 (Edwards' Syndrome) during pregnancy, when caring for a child, through bereavement and beyond.

**Trisomy is a genetic condition** where a person carries three copies of a chromosome instead of the usual pair. This extra genetic material **can cause significant developmental difficulties for the growing embryo or baby.**

In the UK about **1 in every 1400 pregnancies** is affected by Trisomy 18 and 1 in every 3500 with Trisomy 13.



Sadly these conditions greatly increase the risk of miscarriage and stillbirth, with only **11% of babies surviving pregnancy.**

Babies and children with Trisomy will have a range of **developmental and health needs** and **require lifelong specialist medical and social support.**



Trisomy 13 and 18 affect how long a child is expected to live for, but as medicine advances **more than 10% of children will now reach their fifth birthday and beyond!**

# What We Do

Since 1991 **SOFT UK** has been providing information and support for anyone affected by Trisomy 13 and 18. We provide support during all stages of the Trisomy journey, through pregnancy, to families caring for a child, to those affected by bereavement and through all the years thereafter.

## The support we offer to families includes:

- A range of Trisomy-related publications, including a twice-yearly newsletter
- Our website packed with information and resources
- A 1-2-1 befriending service staffed by trained volunteers who are all Trisomy parents
- Free family events across the UK

## SOFT UK also offers information and support to professionals working with families affected by Trisomy:

- Information briefings for professionals
- Medical advisers across a range of specialisms with experience of Trisomy
- Bespoke training opportunities for Health Professionals
- Consultation services

# How You Can Help

**SOFT UK** relies almost entirely on fundraising and donations to continue our valuable work.

- **DONATE** to SOFT UK.
- **Fundraise** for SOFT UK with our **FREE FUNDRAISING PACK**.
- **Nominate** SOFT UK as your chosen charity with any of the following online retailers: Easyfundraising, AmazonSmile, Give as You Live,
- **Visit our social media** pages on Facebook, Twitter or Instagram

**If you would like to find out more, please get in touch with us on [enquiries@soft.org.uk](mailto:enquiries@soft.org.uk)**

SOFT UK is a registered charity in England and Wales: 1002918 and Scotland: SC043341

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